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Fresh Start by Doug Fields

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Fresh Start God's Invitation to a Great Life By Doug Fields Thomas Nelson Books provided me with a copy of the book "Fresh Start" by Doug Fields for my review. Fresh start by Doug Fields is a wonderful, often funny, book. By sharing new perspectives on single life, married life, and everything in between, Fresh Start gives clear guidelines to follow. That, coupled with scripture background to relieve the pressures of today's world, Doug Fields will help to get us "unstuck." Everyone can have a "FRESH START." The book description is as follows: If you had the chance to change your life for the better, would you? All it takes is a decision. Trapped by harmful habits, behaviors, and attitudes, we struggle to become the person God has created and called us to be. Saddleback Church teaching pastor Doug Fields says it's never too late to get a fresh start. With personal stories and youthful writing, Doug challenges readers to recognize that they may say they want God in their lives, but they really don't want to change. They are stuck. He says, "It's not about trying harder, it's about plugging into God's transforming power and submitting your entire life to Christ. Age doesn't matter; fresh starts are for everyone." Topics include: * Dealing with pride* Defining success* Living with guilt* Struggling with conflicts* Finding true friendships* Overcoming discouragement* Facing rejection* Attacking angerTo purchase "Fresh Start," click [HERE](#)Thank you to Thomas Nelson Books for donating the free copy of "Fresh Start" for my review. I was not compensated monetarily for this review, or for any on my blog site. All reviews are provided after I receive a free/donated product from the publisher, manufacturer, or PR company. Reviews are written from an unbiased point of view. Only business relationships exist with those who provide products for review. Thank you for coming to Mingle Over Mocha with Anna!

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