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### 47 Fat Loss Tips

<http://www.homeschoolfitnesscoach.com/blog/47-fat-loss-tips/>

I was asked to participate as a guest blogger in my friend Marci Lall's fat loss tips post. This is a great resource for any woman looking to lose body fat. Be sure and watch Marci's very entertaining video. Here's the link to the post:

<http://www.marcilall.com/fitness/march-madness-47-fat-loss-tips-for-women#more-946> Hugs~~ Post from: Homeschool Fitness Coach

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