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## Pop Weaver Microwave Popcorn with Canola Oil!

<http://vaagenfamily.blogspot.com/2010/08/pop-weaver-microwave-popcorn-with.html>

POP WEAVER LAUNCHES FIRST MICROWAVE POPCORN MADE WITH CANOLA OIL I was sent the amazing new Microwave Popcorn with Canola Oil from Pop Weaver! When you hear about a company who is known for making tasty foods, converting to creating a product that is GOOD for you, you first wonder, "Hmmm... Will it still TASTE good?" The answer in this case: YES! I suffered some pretty ugly gall bladder attacks a couple of months ago, just before I received this popcorn to try. I had a VERY limited diet, and was unable to tolerate anything with heavy grease. This popcorn was a lifesaver! I was able to snack on it with no issues. The only problem I experienced with this treat was that my children kept snagging it from me! They love movie theatre style popcorn, so I didn't think they'd like it. I was wrong. The popcorn was gone so fast, I was out 4 days later looking for more! This is some info from Pop Weaver about New Product Combines Improved Buttery Taste with the Health Benefits of Canola Oil INOBLESVILLE, Ind., – Pop Weaver is introducing the first microwave popcorn to be made with Canola oil. The new and improved formulation of the popcorn enhances the rich, buttery taste that Pop Weaver is known for, and is lower in calories, total fat, saturated fat and sodium, while also providing Omega-3, Omega-6 and Omega-9 fatty acids. "Since popcorn is all we make, we're continually striving to make our product the best-tasting, healthiest popcorn, at the best possible price," said Mike Weaver, president and chief executive officer of the Weaver Popcorn Company, which makes Pop Weaver. "We've worked for years to replace our previous oil blend with a Canola oil blend, and we are proud to lead the industry with this innovation." All three flavors in the Pop Weaver microwave popcorn line – Light Butter, Butter and Extra Butter – have been reformulated to incorporate Canola oil. Both Light Butter and Butter carry the American Heart Association's Heart Check mark, designating them as heart-healthy products. All three flavors also contain zero grams of trans fat. Pop Weaver's Canola oil blend is primarily comprised of "heart healthy" polyunsaturated and monounsaturated fats, which help to lower LDL (bad) cholesterol, and supply Omega-3, Omega-6 and Omega-9 fatty acids, helping to protect against coronary heart disease, heart attacks and strokes. And the popcorn provides other health benefits, as well, since it is a good source of whole grains. Not only does it contain fiber, but a study released this summer found that popcorn also provides healthy antioxidants. In fact, because it is unprocessed, according to the study, popped popcorn provided more antioxidants than any other snack food tested. New Popcorn Lower in Fat and Calories, High in Taste For the first time, even lovers of Pop Weaver Extra Butter microwave popcorn can enjoy an entire bag of their favorite snack, guilt-free. With only 260 calories, 2g saturated fat, and 0g trans fats per full bag popped, new Pop Weaver Extra Butter microwave popcorn will satisfy your butter craving without blowing your diet. The Light Butter and Butter flavors – which carry the Heart Check designation – contain only 210 calories and 230 calories per full popped bag, respectively. "With most 'healthy' snacks, you typically have to give up flavor," said Weaver. "But our new microwave popcorn really is the best of all worlds. Not only does it taste great, but it is better for you." Weaver adds that Pop Weaver remains a great snacking value, as well. "You can serve your family our popcorn for 21 cents per full bag popped, said Weaver. "No other snack provides the nutrition that we do for such a low cost. And it's fun and delicious to eat." New Pop Weaver microwave popcorn made with Canola oil in Extra Butter, Butter and Light Butter is available at mass market retailers and discount stores nationwide. Thank you to Adrienne Baily and Pop Weaver for donating the free popcorn samples for my review!! I was not compensated monetarily for this review, or for any reviews or giveaways on my blog site. All reviews are provided after I receive a free or donated product from the publisher, manufacturer, or PR company. Reviews are written from an unbiased point of view. Only business relationships exist with those who provide products for review. The Author of Mingle Over Mocha is not responsible for your difference in opinion or happiness with this product, or your safety when using this product. Thank you for coming to Mingle Over Mocha with Anna!

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